

WEEK FROM MAY 06TH TO MAY 12TH



WEEK 4		LUNCH		DINNER
MONDAY	A	SALAD	S	
	B	VEGETABLE SOUP (1)	So	
	C	SAUTÉED RICE WITH MEAT (12)	E	BUFFET
	D	BREADED HAKE FILLET (1-6-12)	F	
	V	VEGETABLE PIZZA (1-7-12)	V	
	OP	SQUID "LA ROMANA" STYLE	OP	
		OP: OTHER OPTION SECOND DISH		
TUESDAY	A		S	
	B		So	BUFFET
	C	BUFFET	E	
	D		F	
	V		V	
	OP		OP	
WEDNESDAY	A	SALAD	S	
	B	"CANARIAN" STYLE LENTILS (12)	So	
	C	COMBINED LOIN AND FRIED EGG (3-7-12)	E	BUFFET
	D	STOKER FISH "MARMITAKO" STYLE (4-12)	F	
	V	SCRAMBLED MUSHROOMS AND CHIPS (3-12)	V	
	OP	SQUID "LA ROMANA" STYLE	OP	
THURSDAY	A	SALAD	S	
	B	PUMPKIN CREAM "CANARIAN" STYLE	So	
	C	AMERICAN HAMBURGER WITH CHIPS (1-3-7-10-12)	E	BUFFET
	D	COD PORTUGUESE STYLE (4-12)	F	
	V	CURRY RICE WITH APPLE (7)	V	
	OP	SQUID "LA ROMANA" STYLE	OP	
FRIDAY	A	SALAD	S	SALAD
	B	WHITE BEAN SOUP (12)	So	VEGETABLE SOUP
	C	CUBA RICE (3-12)	E	CHICKEN SKEWER
	D	TUNA CAKE (1-3-4-7-12)	F	HAKE SCALLOPS (1-3-4)
	V	NOODLES IN VEGETABLE SAUCE (1-6-7-12)	V	POTATO AND ZUCCHINI OMELETTE (3)
	OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
SATURDAY	A	SALAD	S	SALAD
	B	TUMACA BREAD (1-12)	So	"APPETIZING" TOAST (1-3-7)
	C	CABBAGE AND CHICKEN FLAKED (1-3-7)	E	"CAPRICHOSA" PIZZA (1-3-7-12)
	D	BREADED AND FRIED FISH (1-3-4)	F	SALMON BARNESA STYLE (3-4-7)
	V	STUFFED ROASTED POTATO (7-12)	V	CHINESE WHITE RICE (6-12)
	OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
SUNDAY	A	SALAD	S	SALAD
	B	SOUP WITH RED WINE (12)	So	CHICKEN AND NOODLE SOUP (1)
	C	BEEF CHOP SUEY (6-10-12)	E	"CARBONARA" PASTA (1-3-7)
	D	SCRAMBLED MUSHROOMS (3-12)	F	STUFFED POTATO WITH TUNA (1-3-4-12)
	V	PUMPKIN AND CABBAGE CAKE (1-3-7)	V	STUFFED PIE (1-3-7-12)
	OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYA 7. MILK 8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13. MOLLUSCS 14. LUPIN